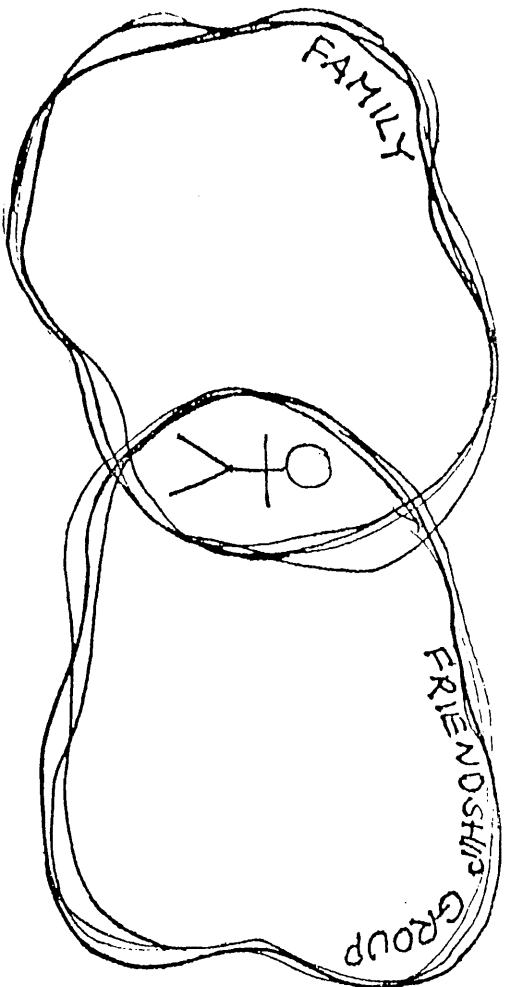


Learning to be your real self requires balancing your own ideals and values with those of two very important groups, your family and your friendship group. For each item below, show how strongly you are tugged to be that way by putting an arrow on the line. The first one is done as an example. It shows that your family tugs you to be polite more than your friendship group does.

- ← ----- →
- being polite -----
 - being rowdy -----
 - getting good grades -----
 - going to parties -----
 - being kind -----
 - telling the truth -----
 - respecting adults -----
 - copying homework -----
 - studying -----
 - getting drunk -----
 - being helpful -----
 - shoplifting -----
 - going to church -----
 - being independent -----
 - obeying rules -----
 - being trustworthy -----
 - getting even -----
 - forgiving -----
 - putting people down -----
 - being popular -----
 - having friends -----
 - being serious -----
 - being generous -----



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